

LETTER OF INTENT

What would happen if you were suddenly unable to care for your child? Who else knows as much about him or her than you do? What sort of invaluable information is stored only in your brain?

A Letter of Intent helps document the important information necessary to care for your child. The purpose is to provide information as to likes, dislikes, and triggers for your child. It should also include relevant information such as family history, all medical care providers, daily routine, favorable elopement conditions, therapies required, sensory needs, and fabric or clothing preferences, just to name a few topics to get you started.

This is your child's story and should provide enough information that anyone you entrust to care for your child will know how to act, react, or whom to contact.

The Letter of Intent should be available NOW for any caregiver who will care for your child in your absence. This is a tool to ensure continuity for your child without major disruption.

There are many versions of a Letter of Intent available on the web. Some detail every aspect of your child's life and other versions are brief. Whether you start out recording significant information in a journal or prepare something more formal, any information you provide now will be invaluable when you're not around.

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General Information

Legal Name of Child

Name Child Prefers

Medication

Name of medication, when taken, and best administration

Behavior Triggers

How to deescalate triggers



Schedule

Weekend

Favorite Activities

Favorite Household Activities

Food

Allergies



Favorite Foods

Least Favorite Foods

Social Activities

